

Policy: Health & Safety: Health Information

Revised: May 2023



As part of the Camp registration package, all campers must complete a Camper Information Form and a Camp Waiver in order to finalize the registration process. To help facilitate a successful camp experience, we ask that you share as much information as possible on the Health & Safety Form.

If there are any changes or updates to the information requested on the Health & Safety Form after you have submitted the form, a link can be found on your form submission confirmation email that will allow you to access your forms. Alternatively, please notify camp and a link will be sent.

Policy: Health & Safety: Sickness and

Injury

Revised: May 2023



Parents and campers should do an informal wellness screening each morning prior to leaving for camp to avoid unnecessary transmission of viruses. Please stay home if your child is showing signs of sickness.

Camp staff are trained and certified in Standard First Aid and CPR.

All staff on site have also received education and training related to communicable diseases and are committed to following policies and procedures to prevent and control the spread of infectious diseases including COVID-19.

Any individual who has any of symptoms of COVID-19, as outlined on the Ministry of Health's COVID-19 website or who has come in close contact with a person with symptoms of/or confirmed COVID-19 in the past 14 days is asked to remain at home.

Camp participants who display signs of communicable/infectious illness, even those not associated with COVID-19, will not be allowed to attend the program.

In all cases, when a camper becomes ill at camp and/or requires medical emergency care, their parent/guardian will be notified. If they exhibit symptoms of COVID-19, or another transferable/communicable illness, immediate steps will also be taken to isolate both the camper and any close contacts. In any case of suspected COVID-19, Batawa will contact and proceed under the advisement of the local public health department.

If the camper is unable to rejoin camp activities, an adult will be asked to pick up the camper immediately. Staff will take every effort to make campers comfortable. For the best interests of the individual and camp, any camper who is ill will be sent home.

Should an accident occur requiring emergency transportation, the parent/guardian and/or emergency contact will be notified. A staff member will accompany the child to hospital, and wait until the parent/guardian/emergency contact arrives. At no time will a camper be left alone.

Policy: Health & Safety: Sickness and Injury Continued

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Parents/guardians are to keep their camper home from camp if they are diagnosed with a transferable/communicable illness and/or exhibit any sign or symptom of a transferable/communicable illness, including but not limited to:

- Fever (temperature of 37.8C/100F or higher)
- New or worsening cough
- Difficulty breathing including shortness of breath or rapid breathing
- New smell (olfactory) or taste disorder
- Nausea/vomiting
- Diarrhea/Abdominal Pain
- Sore throat/Difficulty Swallowing
- Runny Nose or Nasal Congestion, in absence of underlying reason for these symptoms such as seasonal allergies, post nasal drip, etc.
- Undiagnosed skin rash
- Eyes are red (conjunctivitis/pink eye) or yellow, bowel movement is grey or white, to urine is dark or tea coloured.

In the event that a camper is suspected of having COVID-19, and/or displays any of the above or other symptoms of a transferable/communicable illness during camp or within 14 days of attending camp, we ask that parents notify us immediately to allow us to take appropriate measures. For the summer of 2023, an appropriate back-to-camp plan will be established on a case-by-case basis.



Revised: May 2023



Camp Batawa provides an Allergen/Nut-Sensitive environment, meaning that while Batawa is not an allergen/nut-free environment, efforts will be made to mitigate known allergens in camp.

We do not provide any foods that contain nuts or nut products and strongly encourage families to refrain from sending foods with nut products or known allergens.

Batawa is pro-active in educating all families about allergies prior to and during camp:

- An email identifying known allergens will be sent, prior to the commencement of camp.
- There will also be a posted list of all known allergens at the main entrance of the building.
- We encourage all families to read labels and to only send allergen-free products to camp.
- We have a 'no sharing food' practice.
- Mealtime is monitored closely by counsellors who supervise and eat with campers during lunch and snack times.
- If items containing (non-life threatening) allergens are made aware of, a staff member will ensure that the child with the allergen is situated at a designated place within the unit, away from the camper with the allergy.

All camper families should be mindful of nut and other identified allergies and kindly respect our ALLERGEN/NUT-SENSITIVE environment.

- Families should review the list of known allergens specific to your camper's week(s) of camp, which will be emailed out prior to their first day, and make every effort not to send food to camp that may contain those items we have asked to be avoided.
- In the case of nut allergies, families should also read ingredient labels before sending food and sunscreen to camp as many foods and personal care products contain traces of nuts and peanut products.
- Ensure face and hands are thoroughly washed with soap and water before leaving home in the morning, especially if food containing peanuts or nut products was consumed.
- Families should remind campers of our camp's "no sharing food" policy.

Policy: Health & Safety: Anaphylaxis and Auto-Injectors

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All campers who have an identified anaphylactic allergy and have been prescribed an epinephrine auto-injector (EAI) (ex. EPI-PEN) are required to have at least one non- expired EAI on-site each day at camp.

All allergies, including anaphylactic allergies, should be reported on the camper's Health & Safety Form.

The camper's parent/guardian will also be responsible for reviewing Camp Batawa's Anaphylaxis Policy and completing an Anaphylactic Emergency Plan (AEP) form, in order to complete the camp registration process. This individualized plan will outline the child's anaphylactic allergies, monitoring and avoidance strategies, signs and symptoms of allergic reaction and action to be taken by staff in the event of an allergic reaction.

The camper's parent/guardian may be contacted for clarification and/or further questions, and both the camper's parent/guardian and Camp Director must sign off on the final plan.

Policy: Health & Safety: Chronic Conditions

Revised: May 2023



When a child is under doctor's care and requires on-going medication or treatment it is considered a chronic condition.

In most cases, children with noncontagious chronic conditions such as allergies, asthma, diabetes, epilepsy etc. can attend Camp Batawa with no challenges.

The camper's parent/guardian will be responsible for completing Camp Batawa's Chronic Conditions Plan (CCP) form if their camper has a chronic condition, available by emailing activities@batawaskihill.com, in order to complete the camp registration process.

The camper's parent/guardian may be contacted for clarification and/or further questions, and both the camper's parent/guardian and Camp Director must sign off on the final plan.

If a camper has been identified as having a chronic condition requiring medication, supporting medication must be provided. Campers who arrive without their prescribed medications, or in a manner that does not meet requirements, will not be admitted into camp until the medication is provided.

Policy: Health & Safety: Medications

at camp

Revised: May 2023



Adults should indicate on Camper Information Form any medication your child will be taking while at camp.

Certain, non-communicable/non-transferable medical conditions may arise, requiring administration of medication while in camp care which is why Camp Batawa has guidelines in place for the administration of medication during camp hours. (For medication related to a chronic illness/condition or Anaphylaxis, please see related section).

Camp Batawa staff will only administer medication if the medication is provided in the original container and is:

- Prescribed by a doctor, with a clear prescription label, and meeting Batawa's medication identification standards listed in our Medication Administration Policy; OR
- If over the counter, accompanied by a detailed doctor's note/prescription label meeting the criteria listed in our Medication Administration Policy.
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The camper's parent/guardian will be responsible for completing Camp Batawa's Medication Administration Form (MAF), stating dosage amount, time of dosage and reason for medication, prior to the medication being accepted at camp. To request a form email activities@batawaskihill.com

The camper's parent/guardian may be contacted for clarification and/or further questions, and both the camper's parent/guardian and camp administration must sign off on the final plan, to be submitted to the Camp Director.

If a camper has been identified as requiring medication for a specific time period, supporting medication must be provided. Campers who arrive without their prescribed medication(s), or in a manner that does not meet requirements, will not be admitted into Camp until the medication is provided and/or requirements are met.

Batawa

Policy: Health & Safety: Environmental Hazards

Revised: May 2023



Batawa Ski Hill and surrounding area is home to some invasive plant species that may cause harm if exposed, including: Poison Ivy and Wild Parsnip. While every effort is made to avoid known areas of growth, some risk exposure remains. Staff are trained in identifying know plants and how to treat possible exposures. On the first day of camp, staff will also help to educate campers on the identification, awareness and treatments associated with these plants.

Ticks have also become prominent in the area and while we make "tick checks" part of our daily practice, adults are encouraged to adopt the daily routine of putting camp clothes straight into a hot wash and performing a thorough tick check on their camper as soon as they get home.

Sun Safety

All campers should bring a hat and a lightweight long-sleeved shirt to camp. Sunscreen should be applied prior to drop off at camp, and a labelled bottle be sent to camp with the camper. Staff will reapply sunscreen with campers after water play and as needed throughout the day.

Children will receive frequent water breaks throughout the day. Campers should bring a refillable water bottle to camp.

Severe Weather and Heat

During camp, if severe weather should occur, camp staff shall adjust schedules and make appropriate arrangements to ensure the comfort and safety of all participants.

In the case of hot weather, staff will modify camp activities in order to promote the health and safety of all campers. This will include frequent water breaks by drinking and refilling water bottles, and the adjustment of activities to shaded and cooler areas.

Rainy days are typical and campers should come prepared to be outside in wet conditions. Severe thundershowers do occur and are typically short-lived, in which case camp staff will adjust program activities to make use of our indoor spaces.

If severe thunderstorms persist for the entire day, campers and staff will be confined to the chalet. If adults are in a situation to be able to collect campers early from camp in a scenario like this, the help would be greatly appreciated given the limited options for indoor programming, no compensation will be provided however.